

# SKEETA TRAINING & OPEN MEETING Lake Garda/CVARco

September 28 to October 5, 2025  
PROGRAM & Registration



## Offer Facts:

Event: Lake Garda, Circolo Vela Arco  
27. September: Arrival  
28. September - 5. October: Training  
5. October: Departure after training

## Who organizes and leads the trainings?

You will train with Stefan Hess (number of trainers depends on the number of participants).

## What does the training offer include?

- Basic knowledge about foiling boats
- Boat technique (Dos and Don'ts)
- Foil settings
- Sail and boat trim
- Tips and tricks for early take-off
- Maneuver training
- Regatta training

Before each training session there will be a briefing and afterwards a de-briefing, supported by video analysis. All participants will be equipped with radios to ensure communication and safety.

## Free sailing

If there are Skeeta sailors who do not require supervision, they pay a fee for the use of the club infrastructure.

## Boat charter and trial sailing

There is currently only a limited number of charter boats. If you want to participate in the event with a chartered boat, an early registration - indicating the desired dates - is advantageous. We need to plan for boat availability.

Boat charterers with Skeeta and Nikki will be taken care of.

Free sailing is only available for boat owners.

The procedure: From taster to training participant

The first sailing day is in any case a "taster day". If the participants can handle the boats safely, they can be integrated into the training group for the next days. In the other case the supervised "taster sailing" will be continued. This also depends on the number of participants. A maximum of 3 sailors share one boat.

Foiling beginners consume more energy in the beginning than experienced foilers. Therefore we know from experience that with this boat occupancy the effective sailing time per day can be optimized.

## **Safety for the participants**

Participants in the training sessions will be accompanied by inflatable boats and, if necessary, supervised.

Depending on the number of registrations for free sailing, chartering and taster sessions and depending on wind and weather conditions, additional motor boats will be provided. This may increase the costs (see registration form) and we may have to ask for an additional fee from the participants. However, this is usually not necessary. As stated, the cost of this safety and support service depends on the total number of participants. They can only be estimated at the end of the event. These additional contingent costs are to be paid in cash per participant.

### **Minimum number of participants per event**

5 participants

### **General participant guidelines**

Participation is at your own risk. The organizers, the course management as well as the trainers are not liable for damages and accidents that may occur due to improper

boat handling, failure to follow instructions or negligent behavior. The charter boats are subject to liability insurance (of at least 1.5 million €). The private boats are also subject to liability insurance of at least 1.5 million €. In case of repeated violation of instructions given by the course management, the latter reserves the right to exclude the participant in question from further participation in the event and to demand the specified deposit of € 750.00 in case of willfully caused damage to the boat. With the registration I accept the conditions of participation.

The participant (in case of minors: parent or legal guardian) declares with his/her signature that participation in the training camp is exclusively at his/her own risk. The organizing authority and/or the sailing coach do not assume any liability for property damage or personal injury or death occurring in connection with or before, during or after the training camp.



## Offer and conditions of participation : Please tick the desired one

SKEETA TRAINING & OPEN MEETING LAKE Garda, September 28 to October 5, 2025				
My choice	Offer (in €)			
▼	Obligatory basic fee per day			
▼				
▼		Pro Tag	Anzahl Tage	Total EUR
▼				
<input type="checkbox"/>	Obligatory basic fee/ person/ day (club, infrastructure and motorboat)	25,00	<input type="text"/>	<input type="text"/>
<b>Training per day &amp; all-inclusive for 5 days and 6-7 days, for boat owners who want to participate in the training.</b>				
		1 Tag	Anzahl Tage	Total EUR
<input type="checkbox"/>	training costs with professional trainer for one day	140,00	<input type="text"/>	<input type="text"/>
		5 Tage		
<input type="checkbox"/>	Training costs with professional trainer / person for 5 days	600,00		<input type="text" value="600,00"/>
		6-7 Tage		
<input type="checkbox"/>	Training costs with professional trainer / person for 6-7 days	700,00		<input type="text" value="700,00"/>
<b>Training and boat charter per day &amp; all-inclusive for 5 days and 6-7 days - for those sailors who do not have their own boat</b>				
		1 Tag	Anzahl Tage	Total EUR
<input type="checkbox"/>	Training & Charter fee* Skeeta per day	180,00	<input type="text"/>	<input type="text"/>
		5 Tage		
<input type="checkbox"/>	Training & charter fee* Skeeta for 5 days	800,00		<input type="text" value="800,00"/>
		6-7 Tage		
<input type="checkbox"/>	Training & charter fee* Skeeta for 6-7 days	900,00		<input type="text" value="900,00"/>
* Boat may be used only by the registered person.		Prices exclusive of travel, meals and accommodation		

### My registration:

Name:

First Name:

E-mail:

Tel.no.:

Legally valid signature and date:

Please send the registration form to Stefan Hess: hess\_sailcoaching@icloud.com

